



MEDICATIONS TO AVOID BEFORE SURGERY

It is important to avoid certain medications prior to surgery. The following medications can have effects on bleeding, swelling, increase the risk of blood clots, and cause other problems if taken around the time of surgery.

A. Section One:

DIET PILLS: Patients having surgery must discontinue any diet pills for at least **30 days** prior to surgery. This includes but is not limited to Reduz, Ephedra (any type), and both Prescription and Over-the-counter Non-Prescription Diet Pills. Please let your surgeon know if you have any questions about this policy.

B. Section Two:

No Amphetamines **30 DAYS PRIOR TO SURGERY**. This includes the following but is **NOT** limited to:

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| → ADDERALL | → CONCERTA |
| → VYVANSE | → FOCALIN |
| → RITALIN | → PHENTERMIN |

C. Section Three:

The Following drugs contain aspirin and/or aspirin like effects that may affect your surgery (abnormal bleeding and bruising). These drugs should be avoided for at least **30 days prior to the surgery**.

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|---------------------|----------------------------------|------------------------------------|
| → A.P.C | → Ansaid | → Aspirin (all brands) |
| → A.S.A | → Argesic | → Atromid |
| → A.S.A Enseals | → Arthritis Pain Formula | → B.C Tablets &
Powder |
| → Advil | → Arthritis Strength
Bufferin | → Backache Formula |
| → Aleve | → Arthropan Liquid | → Bayer Children's
Cold Tablets |
| → Alka-Seltzer | → Ascriptin | → Buff-A Comp |
| → Alka-Seltzer Plus | → Asperbuf | → Buff-Tabs |
| → Anacin | → Aspergum | |
| → Anaprox | | |

- Bufferin
- Buffets II
- Buffinol
- Butazolidin
- Cafergot
- Cama Arthritis
Pain-Reliever
- Carisoprodol
- Clinoril
- Congestion
Chewable Tablets
- Damason P
- Darvon
- Disalcid
- Dolobid
- Doloprin
- Easprin
- Ecotrin
- Emprin
- Endep
- Equagesic Tablets
- Etrafon
- Excedrin
- Feldene
- Flagyl
- Florinal
- Four Way Cold
Tablet
- Gemnisyn
- Glyprin
- Goody's
- Ibuprofen (all types)
- Indocin
- Indomethacin
- Lanorinal
- Lioresal
- Magan
- Magsal
- Marnal
- Marplan
- Medomen
- Methocarbamol with
Aspirin
- Micrainin
- Midol
- Mobidin
- Mobigesic
- Momentum Muscular
- Motrin
- Nalfon
- Naprosyn
- Naproxen
- Nardil
- Nicobid
- Norgesic
- Norgesic Forte
- Nuprin
- Orudis
- Pabalate-SF
- Pamelor
- Parnate
- Pepto-Bismol (all
types)
- Percodan
- Persantine
- Phenylbutazone
- Ponstel
Propoxyphene
Compound
- Robaxisal
- Rufen
- S-A-C
- SK-65 Compound
- Saletol
- Salocol
- Sine-Aid/
Sine-Off/Sinutab
- St. Joseph's Cold
Tab
- Sulindac
- Synalgos
- Tagamet
- Talwin Compound
- Tenuate Dospan
- Tolectin
- Toradol
- Triaminicin
- Trigesic
- Trilisate (all types)
- Uracel
- Vanquish
- Verin
- Voltaren
- Zorpin

D. Section Four:

The drugs listed below can have undesirable side effects that may affect your anesthesia or surgery. Please let your surgeon know if you are currently taking any of these medications.

- Achromycin
- Adapin
- Amitriptyline
HCL/MCL
Flexeril
- Amoxapine
- Anafranil
- Asendin
- Aventyl
- Carbamazepine
- Co-Tylenol
- Comtrex
- Desipramine HCL
- Desyrel
- Dilantin
- Doxepin HCL
- Effexor
- Elavil

- Ephedra
- Ephedrine
- Extrafon
- Imipramine HCL
- Isocarboxazid
- Limbitrol
- Ludiomil
- Maprotiline HCL
- Matylane
- Medipren
- Mystecin-F
- Norpramin
- Nortriptyline HCL
- Novahistine
- Omade
- Perphenazine
- Phenelzine Sulfate
- Procarbazine HCL
- Pseudoephedrine
- Sinequan
- Sumycin
- Surmontil
- Tetracycline
- Tofranil
- Tranylcypromine
- Tri-Cyclen
- Triavil
- Trimipramine Maleate
- Viagra
- Vibramycin
- Vioxx
- Vivactil
- Zomax

E. Section Five:

VITAMINS/HERBAL SUPPLEMENTS: The vitamins and herbal supplements can cause abnormal bleeding problems and can affect your cardiovascular system. Below is a list of herbal supplements/vitamins that may affect surgical outcome and safety. The vitamins/herbal supplements should be avoided for at least 30 Days prior to surgery. This includes but is not limited to the following drugs:

- Dong Qual
- Echinacea
- Ephedra
- Feverfew
- Fish Oils (Omega-3 Fatty Acids)
- Garlic
- Ginkgo Biloba
- Ginseng
- Glucosamine
- Goldenseal
- Kava
- Licorice
- St. John's Wort (all types)
- Valerian
- Vitamin C (more than 2000mg daily)
- Vitamin E (more than 400mg daily)

F. Section Six:

NICOTINE PRODUCTS: Nicotine reduces the blood flow to the skin and may impair healing. Quitting smoking drastically improves the body's response to surgery.

- Chantix
- Cigarettes
- Cigars
- Nicotine Gum
- Nicotine Patches

G. Section Seven:

Antidepressants- Antidepressants have different classes, MAOI and TCA's; which must be stopped 2 weeks prior to surgery.

The following lists are examples but not limited to the following medications:

MAOI

TCA

- ISOCARBOXAZID (MARPLAN)
- PHENELZINE (NARDIL)
- SELEGILINE (EMSAM)
- TRANYLCPROMINE (PARNATE)

- AMITRIPTYLINE
- AMOXAPINE
- DESIPRAMINE (NORPRAMIN)
- DOXEPIN
- IMIPRAMINE (TOFRANIL)
- NORTRIPTYLINE (PAMELOR)
- PROTRIPTYLINE (VIVACTIL)
- TRIMIPRAMINE (SURMONTIL)

It is your responsibility to know what class of antidepressant you are taking. If you have questions or doubts please ask your physician.

It is the prescribing physician's responsibility to approve the 2 week discontinuation of the antidepressant. This MUST be in writing and signed by the prescribing physician.

H. Section Eight

Immunosuppressants are drugs or medicines that lower the body's ability to reject a transplanted organ. Immunosuppressant drugs are a class of drugs that suppress, or reduce, the **strength** of the body's immune system. These drugs should be avoided for at least 30 Days prior to surgery. This includes but is not limited to the following drugs:

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|-------------------------|----------------|
| → Plaquenil | → Azathioprine |
| → Prednisone | → Rapamycin |
| → Cyclosporine | → Methotrexate |
| → Tacrolimus | → Methotrexate |
| → Mycophenolate Mofetil | |

It is the prescribing physician's responsibility to approve the 30 days discontinuation of the immunosuppressants. This MUST be in writing and signed by the prescribing physician.

Please note:

- Failure to abide by this policy may result in cancellation of surgery.
- **If you get cancelled the day of surgery due to a positive drug test you will be charged a \$1,500 drug cancellation fee.**